

An underwater scene with a whale swimming towards the right. The word 'JONAH' is written in large, dark blue, block letters across the middle. Below it, the phrase 'Inside all of us' is written in a smaller, light blue, cursive font. Sunlight rays filter down from the top of the frame.

JONAH

Inside all of us

The Jonah Inside All of Us - Week 2

Message Discussion Questions

Introduction:

This week Matt continues the series called: 'The Jonah Inside All of Us'. What do you remember about the story of Jonah? Does it seem like Jonah can teach you anything new? For this series we will be looking at what each of us has inside of us that is like Jonah. For Part 2 we will look at Jonah Chapter 2, Jonah's prayer of deliverance.

Questions:

1. Why did Jonah initially refuse God's command to go to Nineveh? What is the significance of the storm in Jonah's story? Jonah 1:1-6
2. The Bible tells us that God "provided" a huge fish. How does the experience of being swallowed by the fish contribute to our understanding of Jonah's circumstances? Jonah 1:17
3. What does the phrase "All I can do now is pray" mean to you? What is the importance of bringing our prayers to Him as our first step? Hebrews 4:16
4. How does Jonah's prayer from inside the fish illustrate the profound impact of hitting rock bottom and turning to God in times of distress? What does his prayer reveal about God's response even when we feel undeserving or distant from Him? Jonah 2:1-4
5. What did Jonah do to deserve God's blessing and favor at this moment in his life?
6. At any time, God could have delivered Jonah from the fish. Why didn't He? How did God use this situation to

mold Jonah into what God created him to be?

7. What does it mean to not overlook the little things that God is doing in the middle of our personal storms?
8. What does Jonah's statement "But you, God, brought my life up from the pit" reveal about God's presence and mercy even in our darkest moments of despair? Jonah 2:6
9. How does Jonah's acknowledgment "When my life was fading away, I remembered you, Lord," resonate with the experience of recognizing our need for God's presence in our own struggles? Jonah 2:7
10. Jonah warns against clinging to worthless idols and forfeiting the grace (Hesed) of God. How does Jonah's warning apply to our lives today, and what can we learn about the pursuit of God's love and grace versus following our own desires or idols? Jonah 2:8

Key Takeaway: Whatever I'm doing right now, I'm deciding to follow Him. Isn't it time to stop running and pretend you are actually in control? Are you ready to turn to Him?

Summary:

- The Lord provided a great fish, and He will provide to us in ways we may not expect
- Never forget that as a child of God, you can call on Him and He will answer
- We think we need to earn God's favor, but remember that Jonah ran away and still received it
- God could have delivered Jonah any time, but chose not to so that He could mold him
- You should never overlook the little things God has done and His faithfulness in our circumstances
- God is there with you in the pit. If we turn to Him, He will bring you out of it