

# FEAR NOT

## Fear Not - Week 3

### Message Discussion Questions

#### Introduction:

This week Matt continues a new series called 'Fear Not'. How easily are you scared? Do you walk around in fear? We all have fears, we all carry fears inside of us. We let fear take control of us and dictate how we act.

For Week 3 we will be looking at facing our fear with a message titled: 'Facing Fears, Confronting Lions'. What was the scariest moment of your life? How did you confront that fear?

#### Questions:

1. What lions are you facing in your life? What are the overwhelming problems or challenges you fear that are in front of you? If we all face fears, what do you do when confronted by fear, do you play it safe and run away or jump in and conquer the lion? 2 Samuel 23:20-21
2. Would you agree that fear can keep you from experiencing God's best for your life? If you let the mental lions, the obstacles in front of you, immobilize you to the point that you live in fear, will you miss out on God's best?
3. Have you noticed that the defining moments we face in life always double as the scariest lions? If you're going to realize the greatest breakthroughs, you've got to push through your fears. Are you ready to begin the process of unlearning those natural responses?
4. If half of learning is learning and the other half is unlearning, is it surprising that unlearning is twice as hard and takes twice as long? How does Jesus teach us about unlearning (uninstalling) in the Sermon on the Mount? What is required for you to unlearn something? Matthew 5:27-28, 38-39 & 43-44

5. If the devil wants you to live in fear, do you know you don't have to respond in fear? How can you tap into the power and strength you need from the Lord to confront fear when you face your greatest lions? How can you overcome fear, how can you unlearn fear? 2 Timothy 1:7; 1 Peter 5:8
6. Can Shadrach, Meshach and Abednego help you to understand that the greatest moments in life always double as the scariest moments? How did they confront their fear? What would they have missed out on if they had compromised, played it safe and bowed down to the king? Daniel 3:16-18; 24-25
7. Are you ready to confront your fears and your lions? Do you believe that God has called you to push all the chips into the middle of the table and say, I'm All In? What would it look like for you to fully trust God, take God sized risks and be All In?

**Key Takeaway:** *Are you living in fear or are you walking in faith? In our congregation, there are a lot of lions represented. Are you ready to say I'm All In; I'm going to face my fear, confront the lion in front of me head on, knowing that my God is faithful and He's getting ready to do something miraculous in my life?*

### **Summary:**

- Facing our fear and conquer the lions, the obstacles, that we face in life.
- Fear keeps us from experiencing God's best for our lives
- Unlearning what you fear
- Half of Learning is learning and the other half is unlearning
- Fear vs power; if we live in fear, we'll never face our lions, we'll never take the risk, never move forward and miss God's plan
- The greatest moments in life always double as the scariest moments
- God has called us to push all the chips into the middle of the table and say, I'm All In